

APRIL 2026
GENERAL MENU



	MONDAY	TUESDAY	WEDNESDAY 1ST	THURSDAY 2ND	FRIDAY 3RD
LUNCH			ONLY STAFF	HOLIDAY	HOLIDAY
SUPPER RECOMMENDATION					
LUNCH	MONDAY 6TH HOLIDAY	TUESDAY 7TH HOLIDAY	WEDNESDAY 8TH HOLIDAY	THURSDAY 9TH HOLIDAY	FRIDAY 10TH HOLIDAY
SUPPER RECOMMENDATION					
LUNCH	MONDAY 13TH LENTIL AND CARROT SOUP (1) WHOLEMEAL SPAGHETTI CARBONARA (1,3,6) SEASONAL FRUIT	TUESDAY 14TH GUACAMOLE WITH VEGGIE STICKS CHILLI CON CARNE WITH RICE SEASONAL FRUIT	WEDNESDAY 15TH MIXED GREEN SALAD (3) OVEN ROAST HAKE WITH TOMATO SAUCE AND FRIES(4) YOGHURT (7)	THURSDAY 16TH HUMMUS WITH VEGGIE STICK (11) SAUSAGE AND MASHED POTATOES(6,12) SEASONAL FRUIT	FRIDAY 17TH TOMATO SALAD WITH OLIVES "PEPITO" CHICKEN BREAST SANDWICHES (BREAD, CHEESE, GREEN PEPPERS, MAYO) (1,3,6,7,10,12) SEASONAL FRUIT
SUPPER RECOMMENDATION	Salmón con brócoli y patata fruta del tiempo	Revuelto de huevo con guisantes y zanahoria fruta del tiempo	Crema de verduras + croquetas de cocido con ensalada fruta del tiempo	Sopa + rape a la plancha con judía verde fruta del tiempo	Tortilla de patata con pisto fruta del tiempo
LUNCH	MONDAY 20TH GREEN SALAD WITH EGGS(3) RED LENTIL DAAL WITH COCONUT MILK AND BASMATI RICE (1) SEASONAL FRUIT	TUESDAY 21TH CEASAR SALAD (1,6,7) OVEN ROAST HAKE WITH WITH ROAST POTATOES(4) SEASONAL FRUIT	WEDNESDAY 22TH PEA CREAM SOUP CHICKEN WITH PEPPERCORN SAUCE AND COUSCOUS (1,6) SEASONAL FRUIT	THURSDAY 23TH COLESLAW WHOLEMEAL PASTA WITH BOLOGNESE SAUCE (1,3,6,10) SEASONAL FRUIT	FRIDAY 24TH MIXED SALAD WITH TUNE (4) PIZZA (1,3,4,7,9,12) JELLY
SUPPER RECOMMENDATION	Crema de calabaza + alitas de pollo con mazorca de maíz fruta del tiempo	Quiche de espinacas y champiñones + ensalada de tomate fruta del tiempo	Bacalao al horno con calabacín y patata fruta del tiempo	Ensalada de quinoa con verduras y queso fruta del tiempo	Lomo con moniato y coliflor fruta del tiempo
LUNCH	MONDAY 27TH COCONUT AND CAULIFLOWER CREAM SOUP BROWN RICE WITH CUBANA SAUCE, BACON AND EGGS (3) SEASONAL FRUIT	TUESDAY 28TH GREEK SALAD (7) YAKISOBA VEGETABLE NOODLES WITH SOY SAUCE (1,3,6,10) SEASONAL FRUIT	WEDNESDAY 29TH POTATO SALAD WITH MAYO (3,6,10,12) OVEN ROAST SALMON WITH PEAS, SWEETCORN AND CARROTS (4) SEASONAL FRUIT	THURSDAY 30TH CHICKPEA AND TUNA "TREMPO" (4) BEEF BURGERS WITH POTATO WEDGES (1,7,6,9,12) SEASONAL FRUIT	
SUPPER RECOMMENDATION	Sopa + salchichas con ensalada fruta del tiempo	Huevos a la plancha con arroz y brócoli fruta del tiempo	Fajitas integrales de pollo y verduras fruta del tiempo	Puré de verduras + boquerones en tempura fruta del tiempo	

