

FEBRUARY 2026
GENERAL MENU



MONDAY 2ND		TUESDAY 3RD	WEDNESDAY 4TH	THURSDAY 5TH	FRIDAY 6TH
LUNCH	MIXED SALAD WITH EGGS (3)	CAULIFLOWER AND COCONUT CREAM SOUP	SALAD WITH APPLES	LENTIL STEW (1)	NACHOS WITH CHEESE AND GUACAMOLE (1,7)
	PESTO PASTA (1,3,6,7,10)	FISH AND CHIPS (1,4)	MEATBALLS WITH TOMATO SAUCE (6,12)	SALMON AND PUMPKIN BURGERS (1,2,3,4,7,14)	CHICKEN FAJITAS (1)
	SEASONAL FRUIT	SEASONAL FRUIT	COUSCOUS (1)	FRIED RICE WITH MUSHROOMS	SEASONAL FRUIT
SUPPER	Grilled chicken with rice and peas SEASONAL FRUIT	Soup + French omelette with green beans SEASONAL FRUIT	Carrot purée + falafel with broccoli SEASONAL FRUIT	Pasta salteada con tofu y verduras SEASONAL FRUIT	Salmon a la plancha con puré de patata y coles de bruselas SEASONAL FRUIT
MONDAY 9TH		TUESDAY 10TH	WEDNESDAY 11TH	THURSDAY 12TH	FRIDAY 13TH
LUNCH	CHINESE DAY	CHINESE SALAD SPRING ROLLS (1)	MIXED SALAD	MINESTRONE SOUP WITH EGGS (1,3, 6,10)	VEGETABLE CREAM SOUP
	SPECIAL FRIED RICE (3,6)	YAKISOBA - VEGETABLE FRIED NOODLES (1,3,6,10)	HAKE WITH CREAMY SAUCE AND COUSCOUS (1,4,7)	RED LENTIL DAAL WITH COCONUT MILK AND BASMATI RICE(1)	HAMBURGERS WITH FRIES (1,7)
SUPPER	SEASONAL FRUIT	SEASONAL FRUIT	VANILLA PUDDING (7)	SEASONAL FRUIT	SEASONAL FRUIT
MONDAY 16TH		TUESDAY 17TH	WEDNESDAY 18TH	THURSDAY 19TH	FRIDAY 20TH
LUNCH	CARROT AND CHICKPEA CREAM SOUP	TOMATO AND OLIVE SALAD	GREEK SALAD (7)	CEASAR SALAD (1)	MIXED SALAD WITH TUNA (4)
	OVEN ROAST CHICKEN AND POTATOES	PASTA CARBONARA (1,3,6,7,10) WITH COOKED EGGS	CHILLI CON CARNE WITH RICE	SQUID STRIPS (1,2,4,3,6,7,9,10,14)	PIZZA (1,3,4,7,9,12)
	SEASONAL FRUIT	SEASONAL FRUIT	JELLY	COUS COUS WITH PEAS(1)	SEASONAL FRUIT
SUPPER	Revuelto de huevo con jamón con chips de berenjena y moniato SEASONAL FRUIT	Sopa de rape con verduras y patata SEASONAL FRUIT	Humus + "pa amb oli" de queso SEASONAL FRUIT	Pollo a la plancha con arroz y brocoli SEASONAL FRUIT	Quinoa salteada con verduras y frutos secos SEASONAL FRUIT
LUNCH	HALF TERM				



1 CEREALES CON GLUTEN 2 CRUSTACEOS 3 HUEVOS 4 PESCAZO 5 CACAHUETES 6 SOJA 7 LACTEOS 8 FRUTOS SECOS 9 API 10 MOSTAZA 11 BÉSAMO 12 SULFITOS 13 ALTRAMUZ 14 MOLUSCOS