

DECEMBER 2025  
MENU



	MONDAY 1ST	TUESDAY 2ND	WEDNESDAY 3RD	THURSDAY 4TH	FRIDAY 5TH
LUNCH	CHICKPEA SALAD  MEATBALLS WITH TOMATO SAUCE (6,9,12)  BASMATI RICE  SEASONAL FRUIT	CEASAR SALAD (1,7,9)  BAKED FISH WITH POTATOES (4)  FRUIT SALAD	MIXED SALAD WITH EGGS (3)  PASTA CARBONARA (1,3,6,7,10)  SEASONAL FRUIT	GUACAMOLE WITH CRUDITES  CHICKEN CURRY  COUSCOUS (1)  SEASONAL FRUIT	PEA SOUP  FISH AND CHIPS (1,2,3,4,6,8,10,11,14)  VANILLA PUDDING (7)
SUPPER	Potato omelette with peas and carrots  SEASONAL FRUIT	Oven-baked chicken with sweet potato and Brussels sprouts.  SEASONAL FRUIT	Vegetable cream soup + ham crêpe  SEASONAL FRUIT	Oven-baked salmon with cauliflower and gratiné potato  SEASONAL FRUIT	Soup + spinach with boiled egg.  SEASONAL FRUIT
	MONDAY 8TH	TUESDAY 9TH	WEDNESDAY 10TH	THURSDAY 11TH	FRIDAY 12TH
LUNCH	<b>FESTIVO</b>  	LENTIL STEW(1)  VEGAN BOLOGNESE WITH CHEESE(1,3,6,7,10)  SEASONAL FRUIT	NACHOS WITH CHEESE AND GUACAMOLE (1,7)  CHICKEN AND VEGETABLE FAJITAS (1)  YOGHURT (7)	CARROT SOUP  FISH IN WHITE SAUCE (4,7)  RICE WITH MUSHROOM  SEASONAL FRUIT	SALAD WITH APPLES  HAMBURGERS WITH FRIES (1,7,12)  FRUIT SALAD
SUPPER		Oven-baked sea bass with potato and zucchini.  SEASONAL FRUIT	Vegetable stew with fried eggs.  SEASONAL FRUIT	Pork loin in sauce with mashed potatoes and broccoli.  SEASONAL FRUIT	Soup + cod croquettes with salad.  SEASONAL FRUIT
	MONDAY 15TH	TUESDAY 16TH	WEDNESDAY 17TH	THURSDAY 18TH	FRIDAY 19TH
LUNCH	CAULIFLOWER AND COCONUT CREAM SOUP  SQUID STRIPS (1,2,4,3,6,7,9,10,14)  OVEN BAKES POTATOES WITH ONIONS  SEASONAL FRUIT	<b>GREEK DAY</b>   GREEK SALAD (7)  GYROS (1,7)  FRUIT SALAD	SPANISH CHRISTMAS SOUP (1,3,6,10)   ROAST TURKEY WITH BROCCOLI AND POTATOES AND CRANBERRY SAUCE  CHRISTMAS COOKIES (1,3,6)	TUNA(4)  PIZZA (1,3,4,7,9,12)  SEASONAL FRUIT	<b>STAFF</b>  
SUPPER	Grilled chicken with rice and mushrooms.  SEASONAL FRUIT	Grilled salmon with mashed potatoes and green beans.  SEASONAL FRUIT	Carrot cream soup + spinach quiche  SEASONAL FRUIT	Soup + sirloin with sautéed vegetables.  SEASONAL FRUIT	
	22ND	23RD	24TH	25TH	26TH
					
	29TH	30TH	31TH		
					

