



				FRIDAY	1				
				HOLIDAY					
MONDAY	4	TUESDAY	5	WEDNESDAY	6	THURSDAY	7	FRIDAY	8
WHOLE MACARONI w/ NAPOLITANA SAUCE (1,3)		BEANS & VEGETABLES STEW		"ARRÒS BRUT" majorcan style Rice Soup		PUMPKIN CREAM SOUP w/ TOAST BREAD (1,7)		GNOCCHI w/ CARBONARA SAUCE (7)	
FRENCH OMELETTE (3)		HOMEMADE CHICKEN FINGERS (1,3)		BAKED GOLDEN FISH (4)		ROUND VEAL		BAKED SALMON (4)	
MIXED SALAD w/ CORN & BEETROOT		ROAST POTATOES & SALAD		MAJORCAN STYLE		VEGETABLES SAUCE & QUÍNOA		MIXED SALAD w/ OLIVES	
FRESH SEASONAL FRUIT		YOGHOURT (7) or FRUIT		FRESH SEASONAL FRUIT		FRESH SEASONAL FRUIT		FRESH FRUIT SALAD	
Evening meal suggestion		Evening meal suggestion		Evening meal suggestion		Evening meal suggestion		Evening meal suggestion	
Baked hake w/ onions, tomatoes & potatoes / Fruit		Pasta soup & courgette omelette / Fruit		Suatéed chick pea w/ couscous & tomatoes / Fruit		Spanish omelette w/ mixed salad / Fruit		Mexican's Tortillas w/ vegetables & chicken / Fruit	
MONDAY	11	TUESDAY	12	WEDNESDAY	13	THURSDAY	14	FRIDAY	15
LENTIL & VEGETABLES STEW		FUSILLI w/ PESTO SAUCE (1,3,7,8)		LEEK & FENNEL BULB CREAM SOUP (7)		SAUTEED CHICK PEA, VEGETABLES & COUSCOUS w/ CUMIN (1)		PASTA SOUP (1,3)	
ROAST CHICKEN w/ LEMON		BAKED CODFISH w/ PEPPERS (4)		MEATBALLS STEW		SPANISH OMELETTE (3)		HOMEMADE TUNA BURGER (1,3,4)	
HOMEMADE CHIPS & SALAD		STEAMED BROCCOLI		VEGETABLES & WHOLE RICE		MIXED SALAD		MIXED SALAD w/ RICE	
FRESH SEASONAL FRUIT		FRESH SEASONAL FRUIT		YOGHOURT (7) or FRUIT		FRESH FRUIT SALAD		FRESH SEASONAL FRUIT	
Evening meal suggestion		Evening meal suggestion		Evening meal suggestion		Evening meal suggestion		Evening meal suggestion	
Pasta soup % french omelette w/ green beans / Fruit		Lentil stew w/ vegetables & rice / Fruit		Vegetables cream soup & breaded hake w/ salad / Fruit		Sautéed rice w/ vegetables & rosemary / Fruit		Pumpkin cream soup & spinachs quiche / Fruit	
MONDAY	18	TUESDAY	19	WEDNESDAY	20	THURSDAY	21	FRIDAY	22
BEANS & VEGETABLES CREAM SOUP (7)		SAUTÉD RICE w/ VEGETABLES & TOMATO SAUCE		SAUTEED NOODLES w/ VEGETABLES & SOIA SAUCE (1,6)		HUMMUS & CRUDITÉS		SPAGHETTI w/ CARBONARA SAUCE (1,3,7)	
FISH & SEAFOOD "PAELLA" (2,4,14)		HAM & CHEESE "MEXICAN TORTILLAS" (1,7)		TURKEY STEW w/ MASSAMAN CURRY (7)		VEAL BURGER w/ POTATOES		GRILLED HAKE (4)	
FRESH SEASONAL FRUIT		MIXED SALAD w/ APPLE		ROAST POTATOES		MIXED SALAD w/ OLIVES		TOMATO, AVOCADO & TUNA SALAD (4)	
Evening meal suggestion		Evening meal suggestion		Evening meal suggestion		Evening meal suggestion		Evening meal suggestion	
Spanish omelette w/ mixed salad / Fruit		Baked codfish w/ onions, tomatoes & potatoes / Fruit		Pasta soup & breaded sole fillet w/ salad / Fruit		Huevos cocidos con arroz, brócoli y zanahoria / Fruit		Pumpkin cream soup & "quesadillas" / Fruit	
MONDAY	25	TUESDAY	26	WEDNESDAY	27	THURSDAY	28	FRIDAY	29
WHOLE MACARONI w/ NAPOLITANA SAUCE (1,3)		CAULIFLOWER CREAM SOUP w/ COCONUT MILK & CUMIN		LENTIL STEW w/ VEGETABLES		GREEN PEAS CREAM SOUP		International Menu: ITALIA	
GRILLED SOLE FILLET (4)		HOMEMADE BREADED CHICKEN (1,3)		GRILLED GALLO DE SAN PEDRO (4)		BAKED PORC w/ SAUCE		CAPRESE SALAD (7)	
MIXED SALAD w/ CORN		STEAMED POTATOES		STEAMED BROCCOLI		PILAW RICE		HAM, CHEESE & VEGETABLES PIZZA (1,7)	
FRESH SEASONAL FRUIT		FRESH SEASONAL FRUIT		FRESH SEASONAL FRUIT		FRESH SEASONAL FRUIT		YOGHOURT (7) or FRUIT	
Evening meal suggestion		Evening meal suggestion		Evening meal suggestion		Evening meal suggestion		Evening meal suggestion	
Chick pea stew w/ vegetables & potatoes / Fruit		Squid stew w/ onions, fish soup & rice / Fruit		Pasta soup & french omelette w/ salad / Fruit		Breaded sole fille w/mixed salad w/ bread / Fruit		Grilled turkey w/ vegetables & couscous / Fruit	

Allergens

1: Gluten 2: Crustaceans 3: Egg 4: Fish 5: Peanuts 6: Soia 7: Milk 8: Nuts 9: Celery 10: Mustard 11: Sesame 12: Sulphites 13: Lupins 14: Mollusks