

Menu October 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>MACARONI WITH HOMEMADE TOMATO SAUCE</p> <p>SPANISH POTATO OMELETTE WITH SALAD</p> <p>FRUIT</p>	<p>2</p> <p>CHICKPEA AND VEGETABLES SALAD</p> <p>CHICKEN STEW WITH VEGETABLES</p> <p>YOGURT / FRUIT</p>	<p>3</p> <p>COUSCOUS WITH VEGETABLES</p> <p>BEEF MEATBALLS WITH BAKED POTATOES</p> <p>FRUIT</p>	<p>4</p> <p>SQUID AND VEGETABLES PAELLA</p> <p>GRILLED HAKE WITH STEAMED BROCCOLI</p> <p>FRUIT</p>	<p>5</p> <p>GNOCCHIS WITH HOMEMADE CARBONARA SAUCE</p> <p>TUNA BURGER WITH SALAD</p> <p>JELLY / FRUIT</p>
<p>8</p> <p>NACHOS WITH GUACAMOLE AND CHEDDAR SAUCE</p> <p>BEEF STEW WITH BEANS</p> <p>FRUIT</p>	<p>9</p> <p>CHINESE STYLE RICE</p> <p>BREADED CHICKEN WITH GREEN BEANS</p> <p>FRUIT</p>	<p>10</p> <p>NOODLES SOUP</p> <p>BAKED SALMON WITH GREEN PEAS AND CARROT</p> <p>YOGURT / FRUIT</p>	<p>11</p> <p>WHITE BEANS STEW</p> <p>BEEF BURGER WITH BAKED POTATOES</p> <p>FRUIT</p>	<p>12</p> <p>NO SCHOOL</p> 
<p>15</p> <p>TORTELLINIS WITH HOMEMADE TOMATO SAUCE</p> <p>HAM OMELETTE WITH SALAD</p> <p>FRUIT</p>	<p>16</p> <p>LENTILS WITH VEGETABLES</p> <p>BAKED CHICKEN WITH POTATOES AND CARROTS</p> <p>YOGURT / FRUIT</p>	<p>17</p> <p>CHICKEN SOUP</p> <p>HOMEMADE FISH FINGERS WITH STEAMED BROCCOLI</p> <p>FRUIT</p>	<p>18</p> <p>PUREED LEEK SOUP</p> <p>BEEF STEW WITH BASMATI RICE</p> <p>FRUIT</p>	<p>19</p> <p>FUSSILI WITH CHEESE SAUCE</p> <p>CHICKEN CROQUETTES WITH SALAD</p> <p>CUSTARD / FRUIT</p>
<p>22</p> <p>CUBAN STYLE RICE</p> <p>TURKEY SAUSAGES WITH SALAD</p> <p>FRUIT</p>	<p>23</p> <p>HUMMUS WITH VEGETABLES</p> <p>GRILLED CHICKEN WITH STEAMED GREEN BEANS</p> <p>FRUIT</p>	<p>24</p> <p>SPAGUETTI WITH HOMEMADE VEGAN BOLOGNESE SAUCE</p> <p>VEGETABLE CROQUETTES WITH SALAD</p> <p>FRUIT</p>	<p>25</p> <p>HOMEMADE PIZZA WITH VEGETABLES, TUNA AND HAM</p> <p>GRILLED SALMON WITH STEAMED BRÓCOLI</p> <p>FRUIT</p>	

ALÉRGENOS	FOOD ALLERGENS				
	Egg	Cereals	Mustard	Fish	Peanut
	Sulphurous acid	Milk	Crustacean	Celery	Soy
	Sesame seeds	Lupines	Molluscs	Nuts	