



# Menu December 2018



| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  |
|--|--|--|---|---|
| <b>3</b><br>FUSSILI WITH HOMEMADE TOMATO SAUCE<br>SPANISH POTATO OMELETTE WITH SALAD<br>FRUIT    | <b>4</b><br>PUREED ZUCCHINI SOUP<br>BAKED CHICKEN WITH POTATOES AND BROCCOLI<br>YOGURT / FRUIT             | <b>5</b><br>SPRING ROLLS WITH SALAD<br>VEGETABLE OR FISH<br>PAELLA<br>JELLY / FRUIT          | <b>6</b><br><i>HOLIDAY</i><br> | <b>7</b><br><i>HOLIDAY</i><br> |
| <b>10</b><br>VEGETABLE CROQUETTES WITH SALAD<br>SPAGHETTI WITH HOMEMADE CARBONARA SAUCE<br>FRUIT | <b>11</b><br>VEGETABLE SOUP<br>BEEF STEW WITH RICE AND CARROTS<br>FRUIT / YOGURT                           | <b>12</b><br>SPINACH OR CHICKEN CANELLONI<br>GRILLED SALMON WITH VEGETABLES<br>FRUIT         | <b>13</b><br>VEGETABLE AND CHICKPEA STEW<br>BREADED CHICKEN WITH POTATOES<br>FRUIT / YOGURT                       | <b>14</b><br>NACHOS WITH HOMEMADE GUACAMOLE SAUCE<br>HOMEMADE PIZZA WITH VEGETABLES, TUNA AND HAM.<br>FRUIT       |
| <b>17</b><br>VEGETABLE OR MEAT LASAGNA<br>HAM AND CHEESE OMELETTE WITH SALAD<br>FRUIT            | <b>18</b><br>CHICKEN AND VEGETABLE SOUP<br>MEATBALLS WITH RICE AND HOMEMADE TOMATO SAUCE<br>YOGURT / FRUIT | <b>19</b><br>PUREED VEGETABLE SOUP<br>VEGETABLE OR MEAT FAJITAS WITH BAKED POTATOES<br>FRUIT | <b>20</b><br>VEGETABLE SOUP<br>BEEF BURGER WITH POTATOES AND GREEN BEANS<br>FRUIT                                 |   |

| ALÉRGENOS   | FOOD ALLERGENS  |         |            |        |        |
|---|-----------------|---------|------------|--------|--------|
|  | Egg             | Cereals | Mustard    | Fish   | Peanut |
|   | Sulphurous acid | Milk    | Crustacean | Celery | Soy    |
|   | Sesame seeds    | Lupines | Molluscs   | Nuts   |        |